

## **Health Exceeding Themes Nominated Supervisor**

NQS Standard 2.1

Name of the person conducting the checklist:	Date:		
Embedded Practice			
Is there evidence all educators consistently and confidently respond to children's	O Yes	ONo	ONA
changing health and activity needs during the day?	O les	ONO	ONA
Is there evidence all educators effectively respond to children's needs for sleep, rest and	OYes	ONo	ONA
relaxation during the day, individually and in groups?	0 103	0110	OWA
Is there evidence all educators always manage and support children's health and medica	I O Yes	ONo	ONA
needs in line with best practice?	, 0.03	•	0.0.
Are you confident all educators actively promote healthy eating, physical activity, and	OYes	ONo	ONA
effective hygiene practices in the curriculum and provide regular opportunities to learn			
about health and wellbeing?			
Are you confident all educators could explain to an assessor how they're promoting	O Yes	ONo	ONA
children's health and physical activity in a way that consistently meets the service			
philosophy and the principles/practices of EYLF/MTOP?			
Are you confident all educators could explain to an assessor how their practices reduce a	is OYes	ONo	ONA
far as possible the risk of injury or illness in children?			
Critical Reflection			
Is there evidence all educators regularly contribute to critical reflections aimed at	O Yes	O No	ONA
improving each child's health and physical activity outcomes at the service and at home?	)		
Is there evidence all educators consider other ways of supporting each child's health and	l O Yes	O No	ONA
activity needs and make changes which improve outcomes?			
Are you confident all educators can explain to an assessor how reflection on children's	O Yes	O No	ONA
changing health and activity needs changes their curriculum?			
Is there evidence all educators contribute to team reflections on health and illness	O Yes	O No	ONA
related incidents and willingly implement new policies and procedures to improve			
outcomes?		<u> </u>	0
Are you confident all educators can discuss some of the current recognised guidelines	O Yes	ONo	ONA
and information that influence the way you promote health and physical activity, and			
how these support EYLF/MTOP and service policies and procedures?		ONo	ONA
Is there evidence all educators consider the social justice and equity implications of their	O Yes	ONO	ONA
health and physical activity practices to ensure the circumstances and rights of every child are met?			
Is there evidence you ensure any change to the service's approach to supporting and	O Yes	O No	ONA
promoting children's health and activity needs is understood by all and implemented	0 103	0110	OWA
appropriately?			
Engagement with families and community			
Is there evidence educators' health and activity practices reflect and are inspired by the	O Yes	ONo	ONA
service's unique geographical, cultural and community context?			
Is there evidence all educators consistently engage with children, families and the	O Yes	ONo	ONA
community about children's changing health and activity needs, interests, preferences			
and strengths and include these in the curriculum?			
Is there evidence all educators work directly with children, families and professionals to	O Yes	ONo	ONA
implement targeted practices that meet children's health and activity needs?			
Is there evidence all educators proactively promote children's health and physical activit	y OYes	O No	ONA

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with families and the community eg partnerships with health and wellbeing services?	
Actions required	
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