

Health Practices and Hygiene Educators

NQS Element 2.1.2 Health Practices and Procedures

Name Educator 1	
Name Educator 2	
Name Educator 3	
Name Educator 4	
Name Educator 5	

E = **Embedded** I do that **ALL** the time

K = I **know** I need to do that, but I don't do it all the time

T = Please **teach** me how to do it or improve my understanding of why I need to do it.

ED1 ED2 ED3 ED4 ED5

Cleaning Procedures

	ED1	ED2	ED3	ED4	ED5
Do you use detergent and water when cleaning?					
Do you disinfect surfaces after using detergent and water if there are spills of blood, urine, poo or vomit which are known/suspected to be infectious?					
Do you seal soiled clothing/nappies firmly in containers which are inaccessible to children?					
Is the bathroom cleaned at least once a day and when it looks/smells dirty?					
When cleaning the toilet do you clean it thoroughly eg around the base and under the lid?					
Do you use cleaning sponges/cloths that can be easily identified eg orange for the bathroom?					
Do you use gloves for cleaning specific areas to prevent cross contamination eg toilet cleaning gloves?					
Do you always wear disposable gloves if you may touch poo, urine, saliva, vomit or blood or when cleaning animal cages?					
Do you always discard disposable gloves after use?					
Do you remove gloves and wash hands after helping a child with toileting before touching child's clean clothing?					
Do you clean sandpits as soon as they're contaminated by animal or human poo, blood or other body fluid?					

Practices

Do you stop children from sharing food utensils?					
Do you wash and dry your hands:					
• before preparing, serving or eating food?					
• before giving medication?					
• before and after work?					
• before and after toileting assistance?					
• after handling animals?					
Do you make sure children always wash their hands:					
• before and after eating or handling food					
• after touching their nose					
• after going to the toilet?					
• after coming in from outside play?					
• after touching animals?					
Do you consistently teach children how to reduce the spread of germs (eg by using tissues, covering their mouths, sneezing into their elbow)?					
Do you always exclude sick children from the service?					



Do you sensitively isolate children who become ill with an infectious disease at the service (while waiting for parents to collect) and clean/disinfect resources, equipment and linen they have touched?					
Do you make sure you're familiar with children's medical management and risk minimisation plans?					
Do you always follow the administration of medication procedure?					
Do you place all perishable food brought from home in the fridge on arrival?					
Do you throw out leftover food that has been served to children?					
Have you had all recommended immunisations?					

Actions required