



Wellbeing and Comfort Nominated Supervisor

NQS Element 2.1.1 Wellbeing and comfort

Name of the person conducting the checklist: _____ Date: _____

Sleep and Rest

Do you regularly check the rest area to ensure it's comfortable and inviting eg children are not crowded too closely together? Yes No NA

Do you regularly check educators respect children's choice not to sleep/rest (unless this required in their professional judgement) and support them to participate in quiet, meaningful activities? Yes No NA

Can children access comfortable more private spaces when they want to relax? Yes No NA

Are you confident educators could explain how they negotiate periods of rest and relaxation with children? Yes No NA

Clothing

Do you have sufficient supplies of clean spare clothes for children? Yes No NA

Toileting

While walking around the rooms/groups do you regularly listen to the ways educators are communicating and interacting with children while helping with any toileting routines/accidents to ensure it's positive and respectful? Yes No NA

Are you confident educators respect and help maintain children's privacy during toileting, dressing/undressing etc? Yes No NA

Families

Can you explain service practices which encourage communication between educators and families around children's clothing, rest and personal care routines? Yes No NA

Actions required