



Assess your practice first.

Read the below description and evaluate it in relation to your practices.

Exceeding – Embedded Practice

Implementing a consistent approach to behaviour guidance: Educators implement a consistent approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict. This includes responses to biting, bullying, exclusion, and discrimination, as well as learning activities about emotions, feelings, social skills, and assertiveness. Educators step in to prevent potential conflicts or guide responses to conflicts and use mindfulness, meditation, and yoga activities to promote self-regulation.

If you are doing similar practices to the example, use the below question to help you write your '**exceeding practice for embedded**' description so you can add it to your QIP or SAT (NSW only).

For **Exceeding** the QIP and Self-Assessment Tool (SAT)

Embedded Practice - Please explain how you and your team implement a **consistent** approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.

If you and your educators need to learn how to achieve exceeding – embedded practice, proceed here and do below.

Week 17, 3 to 7 June 2024 – 5.2.2 Self-Regulation

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The following section outlines the steps to ensure you are exceeding in Embedded Practice. If you have already successfully completed the previous section demonstrating how you are exceeding in Embedded Practice, you do not need to complete this section.

Look at the words in detail to identify what is exceeding.

Please explain how you and your team implement a consistent approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.

... your team implement a consistent approach to behaviour guidance ...

Educators need to start by following the same strategies and techniques when addressing behaviour. By maintaining consistency, we create a structured and predictable environment for the children. This approach helps them understand the expectations and promotes a sense of fairness and equity. Through open communication and regular training, we collaborate as a team to reinforce positive behaviour, address challenges, and provide guidance that is consistent and supportive for all children.

... child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict. ...

Educators provide children with the necessary tools and guidance to understand and manage their emotions. By fostering empathy and teaching them problem-solving skills, we empower children to respond to others' behaviour in a constructive manner. We also teach them conflict resolution strategies, such as active listening and finding mutually beneficial solutions. Through consistent support and guidance, we help children develop the skills they need to regulate their behaviour, interact positively with others, and navigate conflicts effectively.

It is important to ensure that we make it **very clear how these above concepts have created change in your service.**

Please explain how you and your team implement a consistent approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.

Clear Expectations: We establish clear behavioural expectations that are communicated consistently to all children. These expectations are age-appropriate and tailored to the developmental needs of each child. By setting clear guidelines, children understand the boundaries and know what is expected of them.

Morning Circle Time: Every morning, we start with a circle time where children are greeted and encouraged to share something positive about their day. This practice helps children feel valued and sets a positive tone for the day, encouraging them to express themselves and listen to others.

Calm Down Corner: We have a designated "Calm Down Corner" equipped with calming tools like stress balls, soft pillows, and calming visuals. When a child feels overwhelmed or frustrated, they can go to this space to relax and regain control of their emotions, promoting self-regulation.

Emotion Recognition Activities: We regularly engage children in activities that help them identify and label their emotions. Using emotion cards or storybooks about feelings, we facilitate discussions about different emotions and appropriate ways to express them.

Role-Playing Conflict Resolution: We use role-play scenarios to teach children conflict resolution skills. By acting out common conflicts and guiding children through the steps of listening, empathising, and finding a solution, we help them practice resolving disputes peacefully.

Positive Behaviour Charts: We implement positive behaviour charts where children can earn stickers or points for demonstrating good behaviour, such as sharing, helping others, or using kind words. This reinforces positive actions and provides tangible rewards for their efforts.

Collaborative Group Activities: We plan regular group activities that require teamwork and cooperation, such

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as building a group mural or working on a science project. These activities help children learn to work together, share responsibilities, and appreciate each other's contributions.

Consistent Language and Expectations: All educators use consistent language and set clear expectations for behaviour. Phrases like "gentle hands" and "use your words" are regularly used to remind children of acceptable behaviour. Regular staff meetings ensure that all team members are on the same page regarding behaviour guidance strategies.

Your turn. Select a point from above and break it down into the subsections.

Please explain how you and your team implement a consistent approach to behaviour guidance.

Please explain how each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.