



Assess your practice first.

Read the below description and evaluate it in relation to your practices.

Meeting – Using the 'Staying Healthy' Publication:

We implement handwashing routines and hygienic toileting/nappy changing procedures to minimise the spread of germs. Inside/outside supervision plans ensure children are always monitored, reducing the risk of injuries. Additionally, we follow allergy/anaphylaxis management plans, keeping children with allergies safe by avoiding cross-contamination and ensuring all staff are trained in emergency response.

Teaching Children about Health and Hygiene:

We engage children in activities about handwashing by using fun, interactive songs and visual aids showing the steps. We also conduct sun safety lessons, teaching children to apply sunscreen and wear hats. For healthy eating, we have interactive food sorting games where children learn to differentiate between healthy and unhealthy foods, fostering lifelong healthy habits.

Discussing Service Health or Hygiene Practices with Families:

A risk management approach involves identifying, assessing, fixing, and monitoring hazards. For example, before a walking excursion, we conduct a risk assessment by identifying potential hazards (busy roads), assessing their severity, implementing safety measures (using pedestrian crossings, holding hands), and evaluating the effectiveness of these measures through feedback and review after the excursion.

If you are doing similar practices to the example, use the below questions to help you write your 'meeting' description so you can add it to your QIP.

A MEETING QIP and Self-Assessment Tool (SAT)

Please discuss two or three service procedures you implement to minimise the risk of children being injured, or becoming unwell due to the spread of germs while playing, eating, or being cared for.

Please give an example of activities you implement which teach children about health and hygiene issues.

Please explain what we mean by a risk management approach and give an example where you've taken this approach (for example, completing a risk assessment).